

# Complete Cognitive Care from the Brain & Mind Experts

Private Services & Clinical Trials



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# Welcome to Re:Cognition Health

Re:Cognition Health is a pioneering brain and mind clinic specialising in the diagnosis, treatment and care of people with symptoms of cognitive impairment or mental health concerns.

Our team of cognitive experts work collaboratively to provide an early and accurate diagnosis and world-class care with access to the best treatments and management strategies.



“Our brains are the key to who we are. At Re:Cognition Health we are passionate about providing the most accurate and early diagnosis for individuals, of all ages, suffering from conditions affecting their brain and mind.

Our award-winning team uses the latest medical research, evidence-based diagnostics, treatments and clinical excellence to optimise the health of each individual.”

Dr Emer MacSweeney, CEO and Founder of Re:Cognition Health.



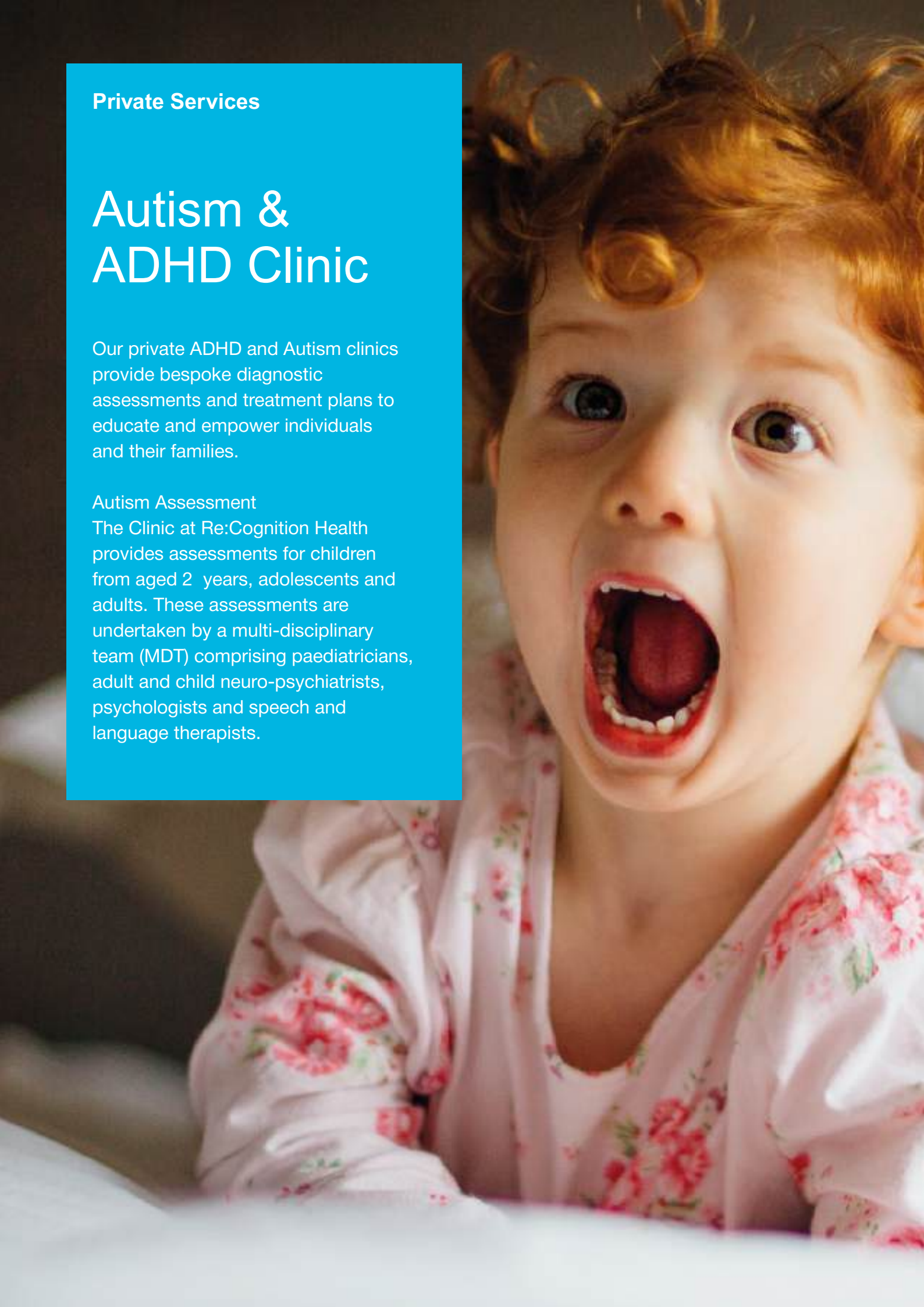
Private Services

# Autism & ADHD Clinic

Our private ADHD and Autism clinics provide bespoke diagnostic assessments and treatment plans to educate and empower individuals and their families.

## Autism Assessment

The Clinic at Re:Cognition Health provides assessments for children from aged 2 years, adolescents and adults. These assessments are undertaken by a multi-disciplinary team (MDT) comprising paediatricians, adult and child neuro-psychiatrists, psychologists and speech and language therapists.



# Autism & ADHD Clinic

## Therapies

RCH offers play-based interventions for children aged 1–5 years, including the Early Start Denver Model (ESDM) and Paediatric Autism Communication Therapy (PACT), as part of our cognitive innovation initiative.

**The Early Start Denver Model (ESDM)** is a behavioural therapy for children with autism between the ages of 1–4 years, based upon the methods of applied behaviour analysis (ABA). Parents and therapists use play to build positive and fun relationships. Through play and joint activities, the child is enabled to boost their language, social and cognitive skills.

**Paediatric Autism Communication Therapy (PACT)** is an evidence based, parent/care-led video feedback intervention, to help children with autism develop their social communication skills. PACT is the first autism intervention to have shown a long-term reduction in symptom severity in a number of different studies and has been embraced by UK charities including Autistica. The PACT therapist works directly with the parents/carers of 2–10 year-old children.

## ADHD Assessment

Our ADHD Clinic utilises the latest assessment tool QBTest plus a clinical assessment to give a fast, accurate and objective diagnosis for people aged 7–60 years. The assessment not only accelerates the diagnosis process, but also enables the implementation of a treatment plan and more positive outcomes for the patient and their family.

When medication is indicated, RCH initiates a treatment plan, monitored for at least three months to assess effectiveness and any potential side effects of medication. Once the medication plan is stable, if requested, RCH enters into a shared care agreement (SCA) to enable ongoing medication to be overseen by the GP or primary care physician.

# Memory Clinic

The Re:Cognition Health Memory Clinic provides a comprehensive assessment and diagnosis for individuals experiencing difficulties with their memory. This service is also tailored for those eager to optimise their current brain health and to reduce risk of memory loss and dementia in the future. Our Memory Clinic assessments can guide access the right services and treatments in the NHS.

**The Memory Clinic Package includes:**

- Initial assessment and medication review with a specialist consultant
- Cognitive assessment with tailored feedback
- Addenbrook's Cognitive Assessment (ACE-R)
- Montreal Cognitive Assessment (MOCA)
- 3T MRI brain scan, reported by neuroradiologist
- Re:Cognition blood test panel
- Feedback appointment with advice and a clinical management plan
- Capacity assessment with official COP3, if required





Private Services

# New Alzheimer's Medications

## Leqembi™ and Kisunla™ Treatment Program

As global leaders in Alzheimer's research and clinical trials, we are more experienced than any other clinic in the UK in providing both Leqembi™ and Kisunla™ the new generation treatments for Alzheimer's Disease.





# New Alzheimer's Medications

The most experienced provider in the field.

Getting access to both of the new, MHRA approved medications has been eagerly awaited, especially as the tragic consequences of Alzheimer's Disease affect so many. Alzheimer's relentless progression takes away personal independence and quality of life, destroys the personality and very essence of an individual, and creates enormous sadness for their family and friends.

Making a real change in any disease requires not only new revolutionary medications, but also the ability to detect the disease at the earliest possible moment, ideally, even before symptoms begin; to slow, stop, and eventually prevent the onset and progression of symptoms.

At Re:Cognition Health, following MHRA approval we can now prescribe both medications for Alzheimer's Disease privately. It is not known if or when these medication will be available via the NHS.

Currently we are delighted to offer eligibility assessments for patients seeking treatment with Leqembi™ and Kisunla™

## Who is eligible for these treatments?

Patients must have mild cognitive impairment (MCI) or early Alzheimer's disease, confirmed by biomarker evidence of amyloid protein buildup.

They must also have undergone recent MRI scans showing no microbleeds and must not be taking blood thinners.

## How is eligibility confirmed?

Eligibility is confirmed through:

Recent MRI scans  
(within 12 months)

PET amyloid scans to confirm  
amyloid presence

Blood tests to check APOE  
status (as APOE E4/E4 is  
exclusionary)

# Neurology Clinic

Our team of consultant neurologists are experts in diagnosing, managing and treating disorders affecting the brain, spinal cord and peripheral nerves and muscles including:

- Alzheimer's
- Headaches and migraine
- Dizziness
- Mild Cognitive Impairment
- Stroke
- Parkinson's disease
- Brain trauma
- Encephalitis
- Cerebral Vascular Disease
- Frontotemporal Dementia (FTD)
- Lewy Body Disease

Conditions affecting our brain health can have a profound effect on our mood, behaviour and emotions. Our award-winning team provide an accurate diagnosis and bespoke treatment plans tailored to individual needs. With access to a multi-disciplinary team of experts, specialist support from other mental health experts can be enlisted, as required.



**Private Services**

# Brain Injury Clinic

Our Concussion and Brain Injury Clinics provide expert assessment, treatment pathways and advice following a head injury by an award winning team of consultants, who have been recognised, nationally, for their outstanding clinical work.

## **Clarity Over Concussion Clinic**

Concussion, be it mild or severe, is too important to ignore.

Our comprehensive Concussion Clinic is designed to provide the right investigations required to manage your specific concussion level before initiating a personalised treatment plan with appropriate guidance from our experts.



# Brain Injury Clinic

A concussion expert will assess your symptoms, including a general medical review and assessment, detailed testing of your cognitive skills and balance, blood tests and an MRI scan of your brain.

After consulting with our doctor, you may wish to undertake a MEG scan. While the MRI will have assessed the structure of your brain, the MEG scan will provide an insight into how it's functioning. The scanner is extremely sensitive, making previously invisible injuries visible. The results from this scan give a baseline of data so we can measure the success of your following treatment.

Following these investigations, we will create a bespoke treatment plan to best meet your needs. After you have completed your treatment pathways, we will review you again to see how you have improved. If you had a MEG scan in the Discovery Phase, we would send you for a second scan, so we can see how your brain functionality has improved.

It may be that you would benefit from further treatment, but you will likely be back on track and ready to live your life to the fullest again.

## Private Repetitive Brain Injury Assessments

Our diagnostic assessment looks at any possible underlying brain injuries caused by contact sports. Our experts in brain development will provide specialist diagnoses and offer treatment that's tailored to you.

We conduct psychological evaluations including brain scans using high field MRI and the latest DTI technology. Following a clinical assessment by an expert neurologist, we deliver a detailed report and recommendations for further treatment, or lifestyle changes.



# Neuropsychiatry Clinic

Maintaining a healthy mind as well as optimising brain function is important in the management of cognitive and related problems.

Re:Cognition Health's team of psychiatrists and neuropsychiatrists together with our expert psychologists diagnose and manage a wide range of conditions affecting cognitive function including:

- Stress, anxiety, depression
- ADHD, autism, addiction, behavioural disorders, post-traumatic stress disorder
- Psychiatric and neurological conditions as a result of head trauma
- Neuropsychological rehabilitation
- Clinical psychology therapy
- Neuropsychological Assessment (NPA)

Additionally, the team can provide:

- Detailed cognitive assessments for brain injury, occupational health, insurance claims, capacity assessments or power of attorney
- Bespoke rehabilitation and ongoing care management programmes; Re:Cognition Health works closely with case managers in the rehabilitation of patients who have acquired a brain injury
- Capacity assessment with official COP3
- Speech & Language therapies and specialised physiotherapy following acquired brain injury

# Mental Health Clinic

Our patient-centric approach enables our expert team to provide the very best assessments, fast & accurate diagnosis and bespoke treatments plans for every patient. If you or a loved one is experiencing cognitive symptoms that are impacting daily life, whether at work, school or home, our expert team are here to help.

Our expertise enables us to design a bespoke treatment plan to deploy appropriate individual cognitive and behavioural strategies. We assess, diagnose and treat the following mental health conditions:

- Anxiety
- Bipolar disorder
- Depression
- Exam stress
- Internet misuse and overuse
- Unexplained medical symptoms
- PTSD

### [Intensive Short-Term Dynamic Psychotherapy \(ISTDP\):](#)

ISTDP is available for patients with Functional Neurological Disorder (FND) or unexplained medical symptoms. It is an accelerated form of experiential psychotherapy which is practiced internationally, and which has a well-established and impressive evidence base. ISTDP aims to bring rapid resolution to a wide range of psychological problems and painful behavioural and relational patterns, through techniques to enable the processing of “emotional blockages” and the experience of core emotions. By reaching the unconscious mind, ISTDP enables permanent changes, including freedom from suboptimal or destructive habits and patterns of behaviour.

### [Eye Movement Desensitisation and Reprocessing \(EMDR\):](#)

EMDR is available for individuals suffering symptoms of PTSD. It is a comprehensive psychotherapy designed to enable processing and recovery from past experiences adversely affecting an individual's mental health and wellbeing. It involves using side to side eye movements, combined with therapy in a specific and structured format.



**Clinical Trials**

# Clinical Trials

Re:Cognition Health's multiple world-leading centres for enrolling volunteers onto late stage, international clinical trials for Alzheimer's and other neurodegenerative conditions, offer potential access to new generation medications, designed to slow down or halt the progression of disease and symptoms.

Our teams in the UK and USA are determined to find new treatments and cures to help transform health and change the future for millions of people living with these conditions.



# Clinical Trials

### The Benefits of Clinical Trials:

- Free to participate with expenses reimbursed
- Accurate diagnosis with the most advanced diagnostic tools
- The chance for disease modification, to slow or even stop progression of symptoms
- Only way to gain early access to new generation drugs that will not be available on the market for several years
- Opportunity to take control of your health & future
- Regular comprehensive monitoring of your general health and brain health
- Contributing to vital research to help future generations
- Re:Cognition Health has won numerous awards for its work in this arena, include national recognition of its positive impact on society.





# Medico-Legal Services

Re:Cognition Health has brought together leading UK brain injury specialists to provide comprehensive medical expertise for lawyers requiring expert witness reports and bespoke rehabilitation services for managing traumatic and acquired brain injury. Our team of award winning medico-legal experts offer a range of services to claimant and defendant lawyers and independent case managers and insurers.

### Our team of experts in:

- Neurology
- Neuropsychiatry
- Neuroradiology
- Neuropsychology
- Child psychiatry

### Our experts provide:

- Expert witness reports and client representation in Court
- Integrated opinion reports
- Advanced neuro-imaging including MRI, DTI, PET and MEG to reveal abnormalities not present on scans taken at the time of the accident
- Assessment of capacity and mental fitness for work insurance claims (COP3)
- Traumatic brain injury – assessment and rehabilitation with advanced rehabilitation programmes



# Contact

referrals@re-cognitionhealth.com

## UK Private Practice

UK Private Practice is available Nationwide via “virtual consultation” and “face to face” at Re:Cognition Health Clinics in:

### London

62-64 New Cavendish Street  
London, W1G 8TA  
0203 355 3536

### Bristol

Unit 240, Phase 200, Aztec West,  
Bristol, BS32 4SY  
0117 205 0377

## UK Clinical Trial Clinics

### London

62-64 New Cavendish Street  
London, W1G 8TA  
0203 808 5439

### Plymouth

Plymouth Science Park,  
5 Research Way,  
Plymouth, PL6 8BT  
0175 271 2046

### Guildford

29 Frederick Sanger Road,  
Surrey Research Park,  
Guildford, GU2 7YD  
0148 331 9270

### Winchester

Second Floor, Healthshare clinic,  
South Block, Chilcomb Park,  
Chilcomb Lane, S021 1HU  
0196 241 8935

### Birmingham

100 Hagley Road,  
Edgbaston,  
Birmingham, B16 8LT  
0121 468 2045

### Bristol

Unit 240, Phase 200,  
Aztec West,  
Bristol, BS32 4SY  
0117 205 0377

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Re:Cognition  
Health  
Brain and  
Mind Experts

[www.recognitionhealth.com](http://www.recognitionhealth.com)